

CHUYÊN ĐỀ 6: READING

READING 1

I. Fill in the blank with a word/ phrase in the box.

gardening	feel	planting	seeing	blooming
myself	exercise	rejuvenate	healthy	watering

My favourite hobby is (1)_____ and I like so much (2)_____ new plants and (3)_____ them in daily morning. I enjoy seeing flowers (4)_____ and plants (5)_____. I really (6)_____ sense of great achievements and realize the fact of life. It helps me keep (7)_____ fit, (8)_____, strong and (9)_____. Watering plants and gardening on daily basis is a best (10)_____ for me which positively moulds my mind and body.

II. Choose the correct answer A, B, C or D to fill each blank in the following passage.

My favourite hobby is coin (1)_____. It is also one of the oldest (2)_____ of the world and is also called 'hobby of the Kings', as in the old times, it was only done by kings and elite class of the society. It started for me some years back when my father used to come back (3)_____ his foreign tours and give me coins of (4)_____ countries. I started collecting them in my money box and after that I always used to wait for my new coins as much I used to wait for my father. Since then, it has become my favourite hobby. This hobby has given me information about different countries of the world. I feel extreme pleasure in (5)_____ my collection to (6)_____. It has also taught me this lesson that A LIFE (7)___ A HOBBY IS JUST (8)_____ FOOD WITHOUT SALT.

- | | | | |
|------------------|---------------|--------------|---------------|
| 1. A. collecting | B. collection | C. collected | D. collectors |
| 2. A. hobby | B. hobbies | C. game | D. games |
| 3. A. after | B. in | C. from | D. of |
| 4. A. other | B. different | C. unlike | D. diverse |
| 5. A. showing | B. show | C. shown | D. to show |
| 6. A. other | B. another | C. others | D. person |
| 7. A. with | B. about | C. without | D. of |
| 8. A. as | B. like | C. if | D. likes |

III. Read the article and then decide whether the statements are true (T) or (F).

After school Kien usually goes swimming. He goes to the swimming pool five times a week. His swimming pool is very good. The pool is 25 metres long and has six lanes. More than a thousand children have swimming lessons there every month.

His swimming instructor is experienced and friendly, but she is also strict. She

Lessons last 45 minutes, but he usually trains for an hour and a half. During the lesson he swims about two kilometers. His favourite swimming styles are crawl and backstroke.

He practices a lot to improve his swimming skills. He wants to achieve good results. Last month he participated in a swimming competition. Ten swimmers from three schools took part in the competition. He won first prize.

Swimming is his favourite sport. Swimming is interesting and pleasant, and it helps him to keep fit.

True or False?

Kien goes to home after school.

He practices swimming five times a month.

His swimming instructor is so hard.

He swims about five kilometers during the lesson.

The best friend won first prize in the swimming competition.

READING 2

I. Put a word from the box in each gap to complete the following passage.

diet	contribute	calories	overweight
physical	more	lifestyle	cause

Causes of Childhood Obesity

Family history; psychological factors, and (1)_____ all play a role in childhood obesity. Children whose parents or other family members are (2)_____ or obese are more likely to follow suit. But the main (3)_____ of childhood obesity is a combination of eating too much and exercising too little.

A poor (4)_____ containing high levels of fat or sugar and few nutrients can cause kids to gain weight quickly. Fast food, candy, and soft drinks are common culprits. The U.S. Department of Health & Human Services (HHS) reports that 32 percent of adolescent girls and 52 percent of adolescent boys in the United States drink 24 ounces of soda - or more - per day.

Convenience foods, such as frozen dinners, salty snacks, and canned pastas, can also (5)_____ to unhealthy weight gain. Some children become obese because their parents don't know how to choose or prepare healthy foods. Other families may not be able to easily afford fresh fruits, vegetables, and meats.

Not enough (6)_____ can be another cause of childhood obesity. People of all ages tend to gain weight when they're less active. Exercise burns (7)_____ and helps you maintain a healthy weight. Children who aren't encouraged to be active may be less likely to burn extra calories through sports, time on the playground, or other forms of physical activity.

Psychological issues may also lead to obesity in some children. Kids and teens who are bored, stressed, or depressed may eat (8)_____ to cope with negative emotions.

II. Choose the correct word A, B, or C for each gap to complete the following passage.

What You Can Do To Stay Healthy

Evidence shows that some of the leading causes of death such as heart disease, cancer, stroke, some lung diseases can be prevented by improving personal health (1)_____. Eating right, staying physically active, and not smoking are a few examples of good habits that can help you stay healthy.

Eating Right

Eating the right foods and the right (2)_____ of foods can help you live a longer, healthier life. Research has proven that many illnesses - such as diabetes, heart disease, and high blood pressure - can be prevented or controlled by eating right. Getting the (3)_____ you need, such as calcium and iron, and keeping your weight under control can help. Try to (4)_____ the calories you get from food with the calories you use through physical activity. It is never too late to start eating right. Here are some (5)_____ tips.

Eat a (6)_____ of foods, especially: Vegetables, Fruits, Dry beans (such as red beans, navy beans, and soybeans), whole grains, such as wheat, rice, oats, corn, and barley.

Eat foods low in fat, saturated fat, and cholesterol, especially: Fish, poultry prepared without skin; lean meat, (7)_____ dairy products.

Physical Activity

Research shows that physical activity can help prevent at least six diseases: heart disease, high blood pressure, obesity (excess weight), diabetes, osteoporosis, and mental

disorders, such as depression. Physical activity also will help you feel better and stay at a healthy weight. Try to do a total of 30 minutes of constant physical activity, such as fast (8)most days of the week.

- | | | |
|-----------------|----------------|--------------|
| 1. A. habits | B. routine | C. habit |
| 2. A. quantity | B. amounts | C. number |
| 3. A. nutrients | B. foods | C. drinks |
| 4. A. balancing | B. gain | C. balance |
| 5. A. helpful | B. good | C. important |
| 6. A. variety | B. diversified | C. varied |
| 7. A. high-fat | B. low-fat | C. no-fat |
| 8. A. waking | B. driving | C. eating |

READING 3

I. Put a word from the box in each gap to complete the following passage.

afford	stand on	independent	best	depending
better	shelter	diseases	luxurious	handling

My favourite hobby is (1)_____ and I like so much (2)_____ new plants and (3)_____ them in daily morning. I enjoy seeing flowers (4)_____ and plants (5)_____. I really (6)_____ sense of great achievements and realize the fact of life. It helps me keep (7)_____ fit, (8)_____, strong and (9)_____. Watering plants and gardening on daily basis is a best (10)_____ for me which positively moulds my mind and body.

On one hand, there are people who live their life richly. They are enjoying not only the joy of essentials but also the (1)_____ living. On the other hand, there are people who cannot even (2)_____ the basic requirements of living. They do not have (3)_____ to live, food to eat, and clothes to wear. They have inadequate nutrition, higher risk of (4)_____ and lack access to healthcare and basic essentials for living. They have to fight each day for life. helping the people is very essential. There are many ways to help the poor but I think the (5)_____ way is providing education.

Providing knowledge can help the poor to (6)_____ their feet. Education is beginning of getting out from hardships of life. Giving free education to the poor help them to grow as individuals and help them lead a (7)_____ life. Education can help them to get a job, be employed build career and achieve success, capability of (8)_____

___problems and lead a successful life. The poor can become (9)_____, self-sufficient and better human being through the power of education. Through education, we can help the poor to develop their skills so that they can take over efforts to revitalize their life rather than always (10)_____ on the outsiders to do so for them.

II. Read the text carefully and decide whether the statements are true (T) or false (F).

Blood donation: The most valued service to mankind

Millions of people owe their lives to people whom they will never know or meet in their lifetime. They are none other than those people, who have donated their blood freely and without any reward - voluntary blood donors. Voluntary unpaid donors are the foundation of a safe blood supply which saves millions of human beings from the death.

Nothing is comparable to the preciousness of human blood. In spite of the rapid and remarkable conquests of medical science today, there is no laboratory that manufactures blood. It is only in human beings that human blood is made and circulated. For those who require blood for saving their lives, sharing from other people is the only means. Therefore, voluntary donation is the only way of accumulating blood at safe storage to meet emergency requirements for saving lives. Blood is required for treatment of accidental injuries, burns... In times of accidental injuries that shed huge amounts of blood and also in various types of surgical operations for medical treatments, we require blood for transfusion. Unavailability of blood may cost lives. Therefore, importance of blood donation is tremendous. This is the greatest gift one can give to the humans. Voluntary blood donors are saviors of mankind. If someone really loves oneself and other fellow beings, the only way to express it is to donate blood voluntarily.

Blood donation is harmless and safe in the body. Rather, it is a social responsibility. The donor is donating for it as it will be used in saving lives of his fellow beings. He himself may use the same during his own need. So, today's donor may be tomorrow's recipient. Without their humane gifts of noble donors, that also from the heart, many lives might have lost for want of blood. Therefore, the most generous and biggest ever contribution to mankind is blood donation.

True (T) or False (F)?

1. Blood donation can save millions of human beings from the death.
2. A lot of laboratories manufacture blood.
3. Unavailability of blood may cost lives.
4. Blood donation is harmful to everybody.
5. Today's donor will able to be tomorrow's recipient.

READING 4

I. Fill in the blank with a word/ phrase in the box.

earned	records	music charts	famous
best selling	played	legend	Moonwalk

Michael Jackson (born 1958) is truly a music (1) _____. He became a superstar at the age of eleven as a member of his family band The Jackson 5. His solo career (2) _____ him the title "King of Pop". His studio albums have all become classics. Jackson is equally (3) _____ for his high energy and complicated dance techniques such as the (4) _____. He died in 2009 at the age of 50.

Jackson dominated the (5) _____ throughout the 1970s, 80s and 90s. His distinctive vocal style, rhythm and fashion were perfect for the new music video age. MTV enthusiastically (6) _____ his videos to the world. His 'Thriller' video had all the excitement of a major movie release. Jackson became a true icon of pop culture and influenced dozens of today's top stars.

His awards and (7) _____ are proof of the phenomenal success he achieved. He won World Music Award's Best-Selling Pop Male Artist of the Millennium, and was the American Music Award's Artist of the Century. 'Thriller' remains the (8) _____ album of all time. 'Vanity Fair' magazine named him the "Most popular artist in the history of show business".

II. Read the passage, and then answer the questions.

The Old Man and the Sea is a short novel written by the American author Ernest Hemingway in 1951 in Bimini, Bahamas, and published in 1952. It was the last major work of fiction by Hemingway that was published during his lifetime. One of his most famous works, it tells the story of Santiago, an aging Cuban fisherman who struggles with a giant marlin far out in the Gulf Stream off the coast of Florida.

In 1953, The Old Man and the Sea was awarded the Pulitzer Prize for Fiction, and it was cited by the Nobel Committee as contributing to their awarding of the Nobel Prize in Literature to Hemingway in 1954.

1. Where was Ernest Hemingway from?

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2. When was The Old Man and the Sea published?

.....

3. What genre does The Old Man and the Sea belong to?

4. What is the content of The Old Man and the Sea?

5. When did Hemingway win the Nobel Prize in Literature?

READING 5.

I. Fill in the blank with a word/ phrase in the box.

available	ingredients	herbs	familiar
rice	appearance	dessert	features

The main features of Vietnamese Cuisine

Cuisine in the country with more than 90,000,000 people differs strikingly between the north, south and central regions, but two key (1)_____ stand out.

Firstly, (2)_____ plays an essential role in the nation's diet as it does throughout Southeast Asia. Humorous speaking Vietnamese is noodle-crazy. You have seen regularly the (3)_____ of noodle in their breakfast, lunch and dinner, in homes, restaurants and at roadside stands. Noodles are eaten wet and dry, in soup or beside soup, and are made in different shapes and thicknesses of wheat, rice and mung beans such as bun cha, Cao Lau, Hue beef noodle, bun rieu... Rice also a main (4)_____ for making banh chung, banh bao, banh xeo, banh beo, xoi...

Secondly, no meal is complete without fresh vegetables and (5)_____. Thanks to the tropical climate, fresh vegetables are (6)_____ all the year round. As the result, dishes with fresh vegetable become (7)_____ with every family, especially with poor people in the old days. Some popular dishes are canh, goi ngo sen, nom du du, rau muong, ca phao... Vietnam can also be considered as a tropical paradise of (8) _____ and beverage with che, sugarcane, fruit smoothies, bubble tea...

II. Read the passage and then decide whether the statements are true (T) or false (F).

Green tea

Green tea must always be the first to be mentioned whenever one talks about Vietnamese tea. From the middle of the 20th century, green tea has been planted extensively throughout the North and the Middle of Vietnam, gradually becoming a symbol of Vietnamese' everyday life, of the peaceful countryside regions.

Green tea is very amiable to Vietnam' soil and climate, as it can be found widely in not only plain but also highland areas, sometimes right in the family backyard's gardens. With the higher trunk and larger in size of leaves in comparison with other tea plants, green tea can be enjoyed fresh and there is no need to wilt or oxidize; people can enjoy it right after picking the leaves from the tree. Steeping and boiling the tea leaves in hot water, after fifteen minutes, your green tea is ready to be served. Vietnam has been always an agricultural country, since people in rural area earn a living mainly from farming. It is the keeping-cool characteristic that makes green tea a perfect beverage for hot summer days in the tropical land. Besides blowing out the heat from the inside, green tea also helps improving the body's resistance to infection. Unsurprisingly, green tea has been considered an indispensable part of Vietnamese farmers' ordinary life.

Nowadays, acknowledging about Vietnamese ardor for green tea and its positive affects on health, some shrewd producers have convert this folk beverage into canned drink, bringing green tea closer to urban citizens as well as foreigners.

1. From the middle of the 20th century, green tea has been planted extensively throughout the South of Vietnam.
2. Vietnam's climate is favorable for growth of green tea.
3. Green tea is good for people health.
4. Nowadays, some producers have converted this folk beverage into canned drink.
5. Green tea is very expensive so only the rich can buy it.

READING 6

I. Fill in the blank with a word/ phrase in the box.

pavilion	constructed	courtyard	divided
celebrate	university	examination	teacher

The Temple of Literature is about 10 minutes away from Hoan Kiem lake. It was (1)_____ in 1070 under Ly Thanh Tong's dynasty, first to honor Confucius and nowadays to (2)_____ the doctorates and high rank scholars of Vietnam. In 1076, King Ly Nhan Tong continued the work and built Quoc Tu Giam as the first (3)_____ of Vietnam.

The temple is (4)_____ into five court yard, each with its own significance and history. The first courtyard stretches from the main gate to Dai Trung gate; the second stands out with Khue Van Cac (5)_____. If you notice well, you will find the pavilion symbol on all street signs of Hanoi. The third (6)_____ is where doctor names was listed on a tombstone above tortoise backs. The fourth courtyard is dedicated for Confucius and his 72 honoured students, as well as Chu Van An - a famous (7)_____ known for his devotion to teaching. The last and also furthest courtyard is Thai Hoc house,

which used to be Quoc Tu Giam - the first university of Vietnam. Thai Hoc house holds a small collection of old time costumes for students and mandarins, as well as explaining the process of taking and passing the national (8)_____.

II. Read the passage and then answer the questions.

The organization of instruction and learning at the Imperial Academy began in 1076 under the Ly dynasty and was further developed in the 15th century under the Le dynasty. The academy was headed by a rector (Tể tửu) and a vice-rector (Tư nghiệp). The professors of the academy held different titles; Giáo thụ, Trục giảng, Trợ giáo and Bác sĩ.

Many students lived and studied at the Temple. Most students (Giám sinh) had passed the regional exam (Huong Examination - Thi Hương) before enrolling at the academy. During the course of study at the academy, the students focused on discussion of literature and wrote poetry as well. The students learned Chinese, Chinese philosophy, and Chinese history. They had textbooks printed on paper which were in both Chinese and Vietnamese.

The students enrolled for three to seven years. They had minor tests each month and four major tests per year. Success in the exams, certified by the Ministry of Rites qualified them to sit the national exam (Hoi Examination - Thi Hội). Success at the Hội Examination qualified the student to sit the royal exam, the Dinh Examination (Thi Đình), held at court. At this exam, the monarch himself posed the questions, responded to the candidate's answer and then ranked those who passed into different grades. The Imperial Academy was the largest centre in the country.

1. When did the instruction and learning at the Imperial Academy begin?

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2. Who headed the Imperial Academy?

.....

3. What did the students learn?

.....

4. How long did the students learn?

.....

5. How many major tests were there at the Imperial Academy in a year?

.....

6. Who posed the questions at the Dinh Examination?

.....