

$$\Leftrightarrow \cos\left(2x - \frac{\pi}{6}\right) = \cos \frac{\pi}{3} \Leftrightarrow \begin{cases} 2x - \frac{\pi}{6} = \frac{\pi}{3} + k2\pi \\ 2x - \frac{\pi}{6} = -\frac{\pi}{3} + k2\pi \end{cases} \Leftrightarrow \begin{cases} x = \frac{\pi}{4} + k\pi \\ x = -\frac{\pi}{12} + k\pi \end{cases}, (k \in \mathbb{Z})$$

Vậy nghiệm của phương trình:  $x = \frac{\pi}{4} + k\pi, x = -\frac{\pi}{12} + k\pi, (k \in \mathbb{Z})$

$$2). 4 \sin\left(x + \frac{\pi}{4}\right) + 2 \cos\left(x - \frac{\pi}{4}\right) - 3\sqrt{2} = 0$$

$$\Leftrightarrow 4 \cdot \frac{\sin x + \cos x}{\sqrt{2}} + 2 \cdot \frac{\sin x + \cos x}{\sqrt{2}} = 3\sqrt{2} \Leftrightarrow \sin x + \cos x = 1 \Leftrightarrow \sqrt{2} \sin\left(x + \frac{\pi}{4}\right) = 1$$

$$\Leftrightarrow \sin\left(x + \frac{\pi}{4}\right) = \frac{1}{\sqrt{2}} \Leftrightarrow \begin{cases} x + \frac{\pi}{4} = \frac{\pi}{4} + k2\pi \\ x + \frac{\pi}{4} = \pi - \frac{\pi}{4} + k2\pi \end{cases} \Leftrightarrow \begin{cases} x = k2\pi \\ x = \frac{\pi}{2} + k2\pi \end{cases}$$

Vậy nghiệm của phương trình:  $x = k2\pi, x = \frac{\pi}{2} + k2\pi, (k \in \mathbb{Z})$

$$3). 8 \sin x \sin 2x + 6 \sin\left(x + \frac{\pi}{4}\right) \cos\left(\frac{\pi}{4} - 2x\right) = 5 + 7 \cos x$$

$$\Leftrightarrow 4(\cos x - \cos 3x) + 3\left(\sin 3x + \sin\left(\frac{\pi}{2} - x\right)\right) = 5 + 7 \cos x$$

$$\Leftrightarrow 4(\cos x - \cos 3x) + 3(\sin 3x + \cos x) = 5 + 7 \cos x \Leftrightarrow 3 \sin 3x - 4 \cos 3x = 5$$

$$\Leftrightarrow \frac{3}{5} \sin 3x - \frac{4}{5} \cos 3x = 1 \Leftrightarrow \sin 3x \cdot \cos \alpha - \cos 3x \cdot \sin \alpha = 1 \Leftrightarrow \sin(3x - \alpha) = 1$$

$$\Leftrightarrow 3x - \alpha = \frac{\pi}{2} + k2\pi \Leftrightarrow x = \frac{\alpha}{3} + \frac{\pi}{6} + \frac{k2\pi}{3}. \text{ (Với } \frac{3}{5} = \cos \alpha, \frac{4}{5} = \sin \alpha)$$

Vậy nghiệm của phương trình:  $x = \frac{\alpha}{3} + \frac{\pi}{6} + \frac{k2\pi}{3}$

$$4). 2\sqrt{3} \sin\left(x - \frac{\pi}{8}\right) \cos\left(x - \frac{\pi}{8}\right) + 2 \sin^2\left(x - \frac{\pi}{8}\right) = \sqrt{3} + 1$$

Áp dụng công thức nhân đôi:  $2\sin\left(x - \frac{\pi}{8}\right)\cos\left(x - \frac{\pi}{8}\right) = \sin\left(2x - \frac{\pi}{4}\right)$ , và hạ bậc

$$2\sin^2\left(x - \frac{\pi}{8}\right) = 1 - \cos\left(2x - \frac{\pi}{4}\right) \text{ ta được:}$$

$$\Leftrightarrow \sqrt{3}\sin\left(2x - \frac{\pi}{4}\right) + 1 - \cos\left(2x - \frac{\pi}{4}\right) = \sqrt{3} + 1$$

$$\Leftrightarrow \sqrt{3}\sin\left(2x - \frac{\pi}{4}\right) - \cos\left(2x - \frac{\pi}{4}\right) = \sqrt{3}$$

$$\Leftrightarrow \frac{\sqrt{3}}{2}\sin\left(2x - \frac{\pi}{4}\right) - \frac{1}{2}\cos\left(2x - \frac{\pi}{4}\right) = \frac{\sqrt{3}}{2}$$

$$\Leftrightarrow \sin\left(2x - \frac{\pi}{4}\right)\cos\frac{\pi}{6} - \cos\left(2x - \frac{\pi}{4}\right)\sin\frac{\pi}{6} = \frac{\sqrt{3}}{2}$$

$$\Leftrightarrow \sin\left(2x - \frac{\pi}{4} - \frac{\pi}{6}\right) = \sin\frac{\pi}{3} \Leftrightarrow \begin{cases} 2x - \frac{\pi}{4} - \frac{\pi}{6} = \frac{\pi}{3} + k2\pi \\ 2x - \frac{\pi}{4} - \frac{\pi}{6} = \pi - \frac{\pi}{3} + k2\pi \end{cases} \Leftrightarrow \begin{cases} x = \frac{3\pi}{8} + k\pi \\ x = \frac{13\pi}{24} + k\pi \end{cases}$$

Vậy nghiệm của phương trình:  $x = \frac{3\pi}{8} + k\pi, x = \frac{13\pi}{24} + k\pi, (k \in \mathbb{Z})$

5).  $\frac{1 + \cos x + \cos 2x + \cos 3x}{2\cos^2 x + \cos x - 1} = \frac{2}{3}(3 - \sqrt{3}\sin x)$  (\*). Điều kiện  $2\cos^2 x + \cos x - 1 \neq 0$

$$\Leftrightarrow \frac{(1 + \cos 2x) + (\cos 3x + \cos x)}{(2\cos^2 x - 1) + \cos x} = \frac{2}{3}(3 - \sqrt{3}\sin x)$$

$$\Leftrightarrow \frac{2\cos^2 x + 2\cos 2x \cdot \cos x}{\cos 2x + \cos x} = \frac{2}{3}(3 - \sqrt{3}\sin x)$$

$$\Leftrightarrow \frac{2\cos x(\cos 2x + \cos x)}{\cos 2x + \cos x} = \frac{2}{3}(3 - \sqrt{3}\sin x)$$

$$\Leftrightarrow 2\cos x = \frac{2}{3}(3 - \sqrt{3}\sin x) \Leftrightarrow \sqrt{3}\cos x + \sin x = \sqrt{3}$$

$$\Leftrightarrow \frac{\sqrt{3}}{2}\cos x + \frac{1}{2}\sin x = \frac{\sqrt{3}}{2} \Leftrightarrow \cos x \cdot \cos\frac{\pi}{6} + \sin x \sin\frac{\pi}{6} = \frac{\sqrt{3}}{2}$$

$$\Leftrightarrow \cos\left(x - \frac{\pi}{6}\right) = \cos \frac{\pi}{6} \Leftrightarrow \begin{cases} x - \frac{\pi}{6} = \frac{\pi}{6} + k2\pi \\ x - \frac{\pi}{6} = -\frac{\pi}{6} + k2\pi \end{cases} \Leftrightarrow \begin{cases} x = \frac{\pi}{3} + k2\pi \\ x = k2\pi \end{cases}$$

Thay hai họ nghiệm của x vào điều kiện ta thấy thỏa.

Vậy nghiệm của phương trình:  $x = \frac{\pi}{3} + k2\pi, x = k2\pi$ .

6).  $8 \sin x = \frac{\sqrt{3}}{\cos x} + \frac{1}{\sin x}$ . Điều kiện  $\begin{cases} \sin x \neq 0 \\ \cos x \neq 0 \end{cases}$

Quy đồng mẫu được:  $\Leftrightarrow 8 \sin^2 x \cos x = \sqrt{3} \sin x + \cos x$

Hạ bậc  $\sin^2 x$  được:  $\Leftrightarrow 4(1 - \cos 2x) \cos x = \sqrt{3} \sin x + \cos x$

$$\Leftrightarrow 4 \cos x - 4 \cos 2x \cos x = \sqrt{3} \sin x + \cos x$$

$$\Leftrightarrow 4 \cos x - 2(\cos x + \cos 3x) = \sqrt{3} \sin x + \cos x$$

$$\Leftrightarrow \cos x - \sqrt{3} \sin x = 2 \cos 3x \quad \Leftrightarrow \frac{1}{2} \cos x - \frac{\sqrt{3}}{2} \sin x = \cos 3x$$

$$\Leftrightarrow \cos x \cdot \cos \frac{\pi}{3} - \sin x \cdot \sin \frac{\pi}{3} = \cos 3x$$

$$\Leftrightarrow \cos\left(x + \frac{\pi}{3}\right) = \cos 3x \Leftrightarrow \begin{cases} 3x = x + \frac{\pi}{3} + k2\pi \\ 3x = -\left(x + \frac{\pi}{3}\right) + k2\pi \end{cases} \Leftrightarrow \begin{cases} x = \frac{\pi}{6} + k\pi \\ x = -\frac{\pi}{12} + \frac{k\pi}{2} \end{cases}$$

So với điều kiện nghiệm của phương trình:  $x = \frac{\pi}{6} + k\pi, x = -\frac{\pi}{12} + \frac{k\pi}{2}$ .

7).  $2 \cos^3 x + 2 \sin^3 x + 2 \sin^2 x \cos x + 2 \cos^2 x \sin x - \sqrt{2} = 0$

$$\Leftrightarrow 2(\cos x + \sin x)(\sin^2 x - \sin x \cos x + \cos^2 x) + 2 \sin x \cos x(\sin x + \cos x) - \sqrt{2} = 0$$

$$\Leftrightarrow 2(\cos x + \sin x)(1 - \sin x \cos x) + 2 \sin x \cos x(\sin x + \cos x) - \sqrt{2} = 0$$

$$\Leftrightarrow 2(\cos x + \sin x) = \sqrt{2} \Leftrightarrow 2\sqrt{2} \cos\left(x - \frac{\pi}{4}\right) = \sqrt{2} \Leftrightarrow \cos\left(x - \frac{\pi}{4}\right) = \frac{1}{2}$$

$$\Leftrightarrow \cos\left(x - \frac{\pi}{4}\right) = \cos \frac{\pi}{3} \Leftrightarrow \begin{cases} x - \frac{\pi}{4} = \frac{\pi}{3} + k2\pi \\ x - \frac{\pi}{4} = -\frac{\pi}{3} + k2\pi \end{cases} \Leftrightarrow \begin{cases} x = \frac{7\pi}{12} + k2\pi \\ x = -\frac{\pi}{12} + k2\pi \end{cases}$$

So với điều kiện nghiệm của phương trình:  $x = \frac{7\pi}{12} + k2\pi, x = -\frac{\pi}{12} + k2\pi, (k \in \mathbb{Z})$

8).  $5(\cos x + \sin x) + \sin 3x - \cos 3x = 2\sqrt{2}(2 + \sin 2x)$

$$\Leftrightarrow 5(\cos x + \sin x) + 3\sin x - 4\sin^3 x - (4\cos^3 x - 3\cos x) = 2\sqrt{2}(2 + \sin 2x)$$

$$\Leftrightarrow 8(\cos x + \sin x) - 4(\sin^3 x + \cos^3 x) = 2\sqrt{2}(2 + \sin 2x)$$

$$\Leftrightarrow 8(\cos x + \sin x) - 4(\sin x + \cos x)(1 - \sin x \cos x) = 2\sqrt{2}(2 + \sin 2x)$$

$$\Leftrightarrow 4(\sin x + \cos x)(2 - 1 + \sin x \cos x) = 2\sqrt{2}(2 + \sin 2x)$$

$$\Leftrightarrow 4(\sin x + \cos x)\left(1 + \frac{1}{2}\sin 2x\right) = 2\sqrt{2}(2 + \sin 2x)$$

$$\Leftrightarrow 2(\sin x + \cos x)(2 + \sin 2x) = 2\sqrt{2}(2 + \sin 2x)$$

$$\Leftrightarrow \sin x + \cos x = \sqrt{2} \quad (\text{vì } 2 + \sin 2x > 0).$$

$$\Leftrightarrow \sqrt{2} \sin\left(x + \frac{\pi}{4}\right) = \sqrt{2} \Leftrightarrow \sin\left(x + \frac{\pi}{4}\right) = 1 \Leftrightarrow x + \frac{\pi}{4} = \frac{\pi}{2} + k2\pi \Leftrightarrow x = \frac{\pi}{4} + k2\pi$$

**Câu 4: Giải các phương trình sau:**

1).  $\sin x + \sin 2x = \sqrt{3}(\cos x + \cos 2x)$  [Dự bị 1 ĐH A04]

2).  $2\sin\left(2x - \frac{\pi}{6}\right) + 4\sin x + 1 = 0$  [Dự bị 2 ĐH A06]

3).  $\left(\sin \frac{x}{2} + \cos \frac{x}{2}\right)^2 + \sqrt{3} \cos x = 2$  [ĐH D07]

4).  $2\cos^2 x + 2\sqrt{3} \sin x \cos x + 1 = 3(\sin x + \sqrt{3} \cos x)$  [Dự bị 2 ĐH A07]

5).  $\sin^3 x - \sqrt{3} \cos^3 x = \sin x \cos^2 x - \sqrt{3} \sin^2 x \cos x$  [ĐH B08]

6).  $\sin 3x - \sqrt{3} \cos 3x = 2 \sin 2x$  [CĐ 08]

7).  $2 \sin\left(x + \frac{\pi}{3}\right) - \sin\left(2x - \frac{\pi}{6}\right) = \frac{1}{2}$  [Dự bị 1 ĐH B08]

8).  $\frac{(1 - 2 \sin x) \cos x}{(1 + 2 \sin x)(1 - \sin x)} = \sqrt{3}$  (1) [ĐH A09]

9).  $\sqrt{3} \cos 5x - 2 \sin 3x \cos 2x - \sin x = 0$  [ĐH D09]

**LỜI GIẢI**

1).  $\sin x + \sin 2x = \sqrt{3}(\cos x + \cos 2x)$  [Dự bị 1 ĐH A04]

**LỜI GIẢI**

$$\Leftrightarrow \sin x + \sin 2x = \sqrt{3} \cos x + \sqrt{3} \cos 2x \Leftrightarrow \sin x - \sqrt{3} \cos x = \sqrt{3} \cos 2x - \sin 2x$$

$$\Leftrightarrow \frac{1}{2} \sin x - \frac{\sqrt{3}}{2} \cos x = \frac{\sqrt{3}}{2} \cos 2x - \frac{1}{2} \sin 2x \Leftrightarrow \sin\left(x - \frac{\pi}{3}\right) = \cos\left(2x + \frac{\pi}{6}\right)$$

$$\Leftrightarrow \sin\left(x - \frac{\pi}{3}\right) = \sin\left[\frac{\pi}{2} - \left(2x + \frac{\pi}{6}\right)\right] \Leftrightarrow \sin\left(x - \frac{\pi}{3}\right) = \sin\left(\frac{\pi}{3} - 2x\right)$$

$$\Leftrightarrow \begin{cases} x - \frac{\pi}{3} = \frac{\pi}{3} - 2x + k2\pi \\ x - \frac{\pi}{3} = \pi - \left(\frac{\pi}{3} - 2x\right) + k2\pi \end{cases} \Leftrightarrow \begin{cases} x = \frac{2\pi}{9} + \frac{k2\pi}{3} \\ x = -\pi - k2\pi \end{cases}, (k \in \mathbb{Z})$$

2).  $2 \sin\left(2x - \frac{\pi}{6}\right) + 4 \sin x + 1 = 0$  [Dự bị 2 ĐH A06]

**LỜI GIẢI**

$$\Leftrightarrow 2 \left[ \sin 2x \cos \frac{\pi}{6} - \cos 2x \sin \frac{\pi}{6} \right] + 4 \sin x + 1 = 0$$

$$\Leftrightarrow \sqrt{3} \sin 2x - \cos 2x + 4 \sin x + 1 = 0 \Leftrightarrow \sqrt{3} \sin 2x + (1 - \cos 2x) + 4 \sin x = 0$$

$$\Leftrightarrow 2\sqrt{3} \sin x \cos x + 2 \sin^2 x + 4 \sin x = 0 \Leftrightarrow 2 \sin x (\sqrt{3} \cos x + \sin x + 2) = 0$$