

Giải các phương trình sau:

$$1). \sqrt{2} \cos\left(\frac{\pi}{4} - x\right) \cdot \frac{1 + \cos 2x}{\sin x} = 1 + \cot x$$

$$2). 2 \sin x + \cos 3x + \sin 2x = 1 + \sin 4x$$

$$3). \cos x + \tan x = 1 + \tan x \cdot \sin x$$

$$4). \sin 3x + \cot^2 x = \frac{3 \sin^2 x - 7 \sin^3 x + 2 \sin^4 x + 1}{\sin^2 x}$$

$$5). (\tan x + 1) \cdot \sin^2 x + \cos 2x + 2 = 3(\cos x + \sin x) \cdot \sin x$$

$$6). 3 \tan^3 x - \tan x + \frac{3(1 + \sin x)}{\cos^2 x} - 8 \cos^2\left(\frac{\pi}{4} - \frac{x}{2}\right) = 0.$$

$$7). 3 \cot^2 x + 2\sqrt{2} \sin^2 x = (2 + 3\sqrt{2}) \cos x$$

$$8). \cos x \cdot \cos \frac{x}{2} \cdot \cos \frac{3x}{2} - \sin x \cdot \sin \frac{x}{2} \cdot \sin \frac{3x}{2} = \frac{1}{2}$$

LỜI GIẢI

$$1). \sqrt{2} \cos\left(\frac{\pi}{4} - x\right) \cdot \frac{1 + \cos 2x}{\sin x} = 1 + \cot x$$

Điều kiện $\sin x \neq 0 \Leftrightarrow x \neq k\pi$

$$\Leftrightarrow (\cos x + \sin x) \cdot \frac{2 \cos^2 x}{\sin x} = \frac{\sin x + \cos x}{\sin x}$$

$$\Leftrightarrow (\sin x + \cos x)(2 \cos^2 x - 1) = 0$$

$$\Leftrightarrow (\sin x + \cos x) \cos 2x = 0$$

$$\Leftrightarrow \begin{cases} \sin x + \cos x = 0 \\ \cos 2x = 0 \end{cases} \Leftrightarrow \begin{cases} \sqrt{2} \sin\left(x + \frac{\pi}{4}\right) = 0 \\ 2x = \frac{\pi}{2} + k\pi \end{cases} \Leftrightarrow \begin{cases} x = -\frac{\pi}{4} + k\pi \\ x = \frac{\pi}{4} + \frac{k\pi}{2} \end{cases} \quad (k \in \mathbb{Z})$$

So với điều kiện nghiệm của phương trình $x = -\frac{\pi}{4} + k\pi, x = \frac{\pi}{4} + \frac{k\pi}{2} \quad (k \in \mathbb{Z})$

$$2). 2 \sin x + \cos 3x + \sin 2x = 1 + \sin 4x$$

$$\Leftrightarrow 2 \sin x + \cos 3x = 1 + \sin 4x - \sin 2x \quad \Leftrightarrow 2 \sin x + \cos 3x = 1 + 2 \cos 3x \cdot \sin x$$

$$\Leftrightarrow (2 \sin x - 1) + \cos 3x - 2 \cos 3x \cdot \sin x = 0 \Leftrightarrow (2 \sin x - 1) - \cos 3x(2 \sin x - 1) = 0$$

$$\Leftrightarrow (2 \sin x - 1)(1 - \cos 3x) = 0 \quad \Leftrightarrow 2 \sin x = 1 \text{ hoặc } 1 = \cos 3x$$

$$\text{Với } 2 \sin x = 1 \Leftrightarrow \sin x = \frac{1}{2} \Leftrightarrow x = \frac{\pi}{6} + k2\pi \text{ hoặc } x = \frac{5\pi}{6} + k2\pi, (k \in \mathbb{Z})$$

$$\text{Với } \cos 3x = 1 \Leftrightarrow 3x = k2\pi \Leftrightarrow x = \frac{k2\pi}{3} \quad (k \in \mathbb{Z})$$

$$\text{Kết luận nghiệm của phương trình: } x = \frac{\pi}{6} + k2\pi, x = \frac{5\pi}{6} + k2\pi, x = \frac{k2\pi}{3} \quad (k \in \mathbb{Z})$$

$$3). \cos x + \tan x = 1 + \tan x \cdot \sin x$$

$$\text{Điều kiện } \cos x \neq 0 \Leftrightarrow x \neq \frac{\pi}{2} + k\pi, (k \in \mathbb{Z})$$

$$\Leftrightarrow \cos x + \frac{\sin x}{\cos x} = 1 + \frac{\sin^2 x}{\cos x}$$

$$\Leftrightarrow \cos^2 x + \sin x = \cos x + \sin^2 x$$

$$\Leftrightarrow \cos^2 x - \sin^2 x + \sin x - \cos x = 0$$

$$\Leftrightarrow (\cos x - \sin x)(\cos x + \sin x) - (\cos x - \sin x) = 0$$

$$\Leftrightarrow (\cos x - \sin x)(\cos x + \sin x - 1) = 0 \Leftrightarrow \cos x - \sin x = 0 \text{ hoặc } \cos x + \sin x = 1$$

$$\text{Với } \cos x - \sin x = 0 \Leftrightarrow \sqrt{2} \cos\left(x + \frac{\pi}{4}\right) = 0 \Leftrightarrow x = \frac{\pi}{4} + k\pi \quad (k \in \mathbb{Z})$$

$$\text{Với } \cos x + \sin x = 1 \Leftrightarrow \cos\left(x - \frac{\pi}{4}\right) = \frac{1}{\sqrt{2}} \Leftrightarrow x = \frac{\pi}{2} + k2\pi \text{ hoặc } x = k2\pi, (k \in \mathbb{Z})$$

$$\text{So với điều kiện nghiệm của phương trình: } x = \frac{\pi}{4} + k\pi, x = k2\pi \quad (k \in \mathbb{Z})$$

$$4). \sin 3x + \cot^2 x = \frac{3 \sin^2 x - 7 \sin^3 x + 2 \sin^4 x + 1}{\sin^2 x} \quad (1)$$

$$\text{Điều kiện } \sin x \neq 0$$

$$(1) \Leftrightarrow \sin 3x + \cot^2 x = 3 - 7 \sin x + 2 \sin^2 x + \frac{1}{\sin^2 x}$$

$$\Leftrightarrow 3 \sin x - 4 \sin^3 x + \cot^2 x = 3 - 7 \sin x + 2 \sin^2 x + 1 + \cot^2 x$$

$$\Leftrightarrow 4 \sin^3 x + 2 \sin^2 x - 10 \sin x + 4 = 0 \Leftrightarrow \sin x = -2 \vee \sin x = 1 \vee \sin x = \frac{1}{2}$$

$$\text{Với } \sin x = \frac{1}{2} \Leftrightarrow x = \frac{\pi}{6} + k2\pi \text{ hoặc } x = \frac{5\pi}{6} + k2\pi, (k \in \mathbb{Z})$$

$$\text{Với } \sin x = 1 \Leftrightarrow x = \frac{\pi}{2} + k2\pi \quad (k \in \mathbb{Z})$$

Với $\sin x = -2$ (loại).

$$\text{Vậy nghiệm của phương trình: } x = \frac{\pi}{6} + k2\pi, x = \frac{5\pi}{6} + k2\pi, x = \frac{\pi}{2} + k2\pi \quad (k \in \mathbb{Z})$$

$$5). (\tan x + 1). \sin^2 x + \cos 2x + 2 = 3(\cos x + \sin x). \sin x \quad (1)$$

Điều kiện : $\cos x \neq 0$

Chia hai vế của (1) cho $\cos^2 x$ ta được :

$$\frac{(\tan x + 1). \sin^2 x}{\cos^2 x} + \frac{2 \cos^2 x}{\cos^2 x} + \frac{1}{\cos^2 x} = \frac{3(\cos x + \sin x). \sin x}{\cos^2 x}$$

$$(\tan x + 1). \tan^2 x + 2 + 1 + \tan^2 x = 3 \frac{\cos x + \sin x}{\cos x} \tan x$$

$$\Leftrightarrow \tan^3 x + \tan^2 x + 2 + 1 + \tan^2 x = 3(1 + \tan x). \tan x$$

$$\Leftrightarrow \tan^3 x - \tan^2 x - 3 \tan x + 3 = 0 \Leftrightarrow \tan x = 1 \text{ hoặc } \tan x = \pm \sqrt{3}$$

$$\Leftrightarrow x = \frac{\pi}{4} + k\pi \text{ hoặc } x = \pm \frac{\pi}{3} + k\pi \quad (k \in \mathbb{Z})$$

Kết luận nghiệm của phương trình : $x = \frac{\pi}{4} + k\pi, x = \pm \frac{\pi}{3} + k\pi \quad (k \in \mathbb{Z})$.

$$6). 3 \tan^3 x - \tan x + \frac{3(1 + \sin x)}{\cos^2 x} - 8 \cos^2 \left(\frac{\pi}{4} - \frac{x}{2} \right) = 0.$$

Điều kiện : $\cos x \neq 0$ (*) Phương trình :

$$\Leftrightarrow 3 \tan^3 x - \tan x + \frac{3(1 + \sin x)}{1 - \sin^2 x} - 4 \left(1 + \cos \left(\frac{\pi}{2} - x \right) \right) = 0$$

$$\Leftrightarrow 3 \tan^3 x - \tan x + \frac{3}{(1 - \sin x)} - 4(1 + \sin x) = 0$$

$$\Leftrightarrow 3 \tan^3 x - \tan x + \frac{3}{1 - \sin x} - 4(1 + \sin x) = 0$$

$$\Leftrightarrow \tan x (3 \tan^2 x - 1) + \frac{3 - 4(1 + \sin x)(1 - \sin x)}{1 - \sin x} = 0$$

$$\Leftrightarrow \tan x \left(3 \frac{\sin^2 x}{\cos^2 x} - 1 \right) + \frac{3 - 4 \cos^2 x}{1 - \sin x} = 0$$

$$\Leftrightarrow \tan x \left(\frac{3 - 4 \cos^2 x}{\cos^2 x} \right) + \frac{3 - 4 \cos^2 x}{1 - \sin x} = 0$$

$$\Leftrightarrow (3 - 4 \cos^2 x) \left[\frac{\tan x}{\cos^2 x} + \frac{1}{1 - \sin x} \right] = 0$$

$$\Leftrightarrow 3 - 4 \cos^2 x = 0 \vee \frac{\tan x}{\cos^2 x} + \frac{1}{1 - \sin x} = 0$$

Với $3 - 4 \cos^2 x = 0 \Leftrightarrow \cos 2x = \frac{1}{2} \Leftrightarrow 2x = \pm \frac{\pi}{3} + k2\pi, (k \in \mathbb{Z})$.

Với $\frac{\tan x}{\cos^2 x} + \frac{1}{1 - \sin x} = 0 \Leftrightarrow \frac{\sin x}{\cos x(1 - \sin x)(1 + \sin x)} + \frac{1}{1 - \sin x} = 0$

$$\Leftrightarrow \frac{\sin x + \cos x(1 + \sin x)}{\cos x(1 - \sin x)(1 + \sin x)} = 0 \Leftrightarrow \sin x + \cos x + \sin x \cos x = 0 \quad (1)$$

Đặt $t = \sin x + \cos x \Rightarrow \sin x \cos x = \frac{t^2 - 1}{2}$, điều kiện $|t| \leq \sqrt{2}$

(1) $\Leftrightarrow t^2 + 2t - 1 = 0 \Leftrightarrow t = -1 + \sqrt{2} \vee t = -1 - \sqrt{2}$, so với điều kiện nhận $t = -1 + \sqrt{2}$

$$\Leftrightarrow \sin x + \cos x = -1 + \sqrt{2} \Leftrightarrow \sin \left(x + \frac{\pi}{4} \right) = \frac{2 - \sqrt{2}}{2}$$

$$\Leftrightarrow \begin{cases} x + \frac{\pi}{4} = \arcsin \frac{2 - \sqrt{2}}{2} + k2\pi \\ x + \frac{\pi}{4} = \pi - \arcsin \frac{2 - \sqrt{2}}{2} + k2\pi \end{cases} \Leftrightarrow \begin{cases} x = -\frac{\pi}{4} + \arcsin \frac{2 - \sqrt{2}}{2} + k2\pi \\ x = \frac{3\pi}{4} - \arcsin \frac{2 - \sqrt{2}}{2} + k2\pi \end{cases}, (k \in \mathbb{Z})$$

7). $3 \cot^2 x + 2\sqrt{2} \sin^2 x = (2 + 3\sqrt{2}) \cos x$

$$\Leftrightarrow (3 \cot^2 x - 3\sqrt{2} \cos x) + (2\sqrt{2} \sin^2 x - 2 \cos x) = 0$$

$$\Leftrightarrow 3 \left(\frac{\cos^2 x}{\sin^2 x} - \sqrt{2} \cos x \right) - 2(\sqrt{2} \sin^2 x - \cos x) = 0$$

$$\Leftrightarrow 3 \cos x \left(\frac{\cos x - \sqrt{2} \sin^2 x}{\sin^2 x} \right) + 2(\cos x - \sqrt{2} \sin^2 x) = 0$$

$$\Leftrightarrow (\cos x - \sqrt{2} \sin^2 x) \left(\frac{3 \cos x}{\sin^2 x} + 2 \right) = 0$$

$$\Leftrightarrow \cos x - \sqrt{2} \sin^2 x = 0 \vee \frac{3 \cos x}{\sin^2 x} + 2 = 0$$

$$\text{Với } \cos x - \sqrt{2} \sin^2 x = 0 \Leftrightarrow \cos x - \sqrt{2}(1 - \cos^2 x) = 1 \Leftrightarrow \sqrt{2} \cos^2 x + \cos x - \sqrt{2} = 0$$

$$\Leftrightarrow \cos x = \frac{\sqrt{2}}{2} \vee \cos x = -\sqrt{2} \text{ (loại).}$$

$$\text{Với } \cos x = \frac{\sqrt{2}}{2} \Leftrightarrow x = \pm \frac{\pi}{4} + k2\pi.$$

$$\text{Với } \frac{3 \cos x}{\sin^2 x} + 2 = 0 \Leftrightarrow 3 \cos x + 2 \sin^2 x = 0 \Leftrightarrow 3 \cos x + 2(1 - \cos^2 x) = 0$$

$$\Leftrightarrow -2 \cos^2 x + 3 \cos x + 2 = 0 \Leftrightarrow \cos x = -\frac{1}{2} \vee \cos x = -2.$$

$$\text{Với } \cos x = -\frac{1}{2} \Leftrightarrow x = \pm \frac{2\pi}{3} + k2\pi, (k \in \mathbb{Z})$$

8). $\cos x \cdot \cos \frac{x}{2} \cdot \cos \frac{3x}{2} - \sin x \cdot \sin \frac{x}{2} \cdot \sin \frac{3x}{2} = \frac{1}{2}$

$$\Leftrightarrow \frac{1}{2}(\cos x + \cos 2x) \cos x - \frac{1}{2}(\cos x - \cos 2x) \sin x = \frac{1}{2}$$

$$\Leftrightarrow \cos^2 x + \cos 2x \cos x - \sin x \cos x + \cos 2x \cdot \sin x = 1$$

$$\Leftrightarrow \cos 2x(\sin x + \cos x) - \sin x \cos x - (1 - \cos^2 x) = 0$$

$$\Leftrightarrow \cos 2x(\sin x + \cos x) - \sin x \cos x - \sin^2 x = 0$$

$$\Leftrightarrow \cos 2x(\sin x + \cos x) - \sin x(\cos x + \sin x) = 0$$

$$\Leftrightarrow (\sin x + \cos x)(\cos 2x - \sin x) = 0 \Leftrightarrow \begin{cases} \sin x + \cos x = 0 \\ \cos 2x - \sin x = 0 \end{cases}$$

$$\text{Với } \sin x + \cos x = 0 \Leftrightarrow \sqrt{2} \sin\left(x + \frac{\pi}{4}\right) = 0 \Leftrightarrow x + \frac{\pi}{4} = k\pi \Leftrightarrow x = -\frac{\pi}{4} + k\pi, (k \in \mathbb{Z})$$

$$\text{Với } \cos 2x - \sin x = 0 \Leftrightarrow 2 \sin^2 x + \sin x - 1 = 0 \Leftrightarrow \sin x = -1 \text{ hoặc } \sin x = \frac{1}{2}$$

$$\Leftrightarrow x = -\frac{\pi}{2} + k2\pi \text{ hoặc } x = \frac{\pi}{6} + k2\pi \text{ hoặc } x = \frac{5\pi}{6} + k2\pi, (k \in \mathbb{Z})$$

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